



# MAHIMA SINGHI

Assistant Professor

## My Contact

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📍 Guwahati Assam

## Hard Skill

- Research Skills
- Originality
- Qualitative and Quantitative research
- Psychology and cognitive science fundamentals

## Soft Skill

- Observation
- Decision making
- Communication
- Multi-tasking

## Education Background

- Army Public School Narangi, Ghy, Assam  
Completed in 2018
- Shyama Prasad Mukherjee College for Women, University of Delhi  
*Bachelors in Applied Psychology*  
Completed in 2021
- University of Delhi, South Campus  
Masters in Applied Psychology,  
Specialization in Clinical Psychology  
Completed in 2023
- Cleared NET in the year 2023

## About Me

I have done my Masters in Applied Psychology (specialization in Clinical Psychology) from University of Delhi. Driven by hardwork, perseverance, openness and empathy. I thrive to gain expertise in academic field of psychological sciences, passionate about clinical practice and research.

## Professional Experience

### Working as an Assistant Professor in Assam Royal Global University

#### Intern, 3G Institute of Research and Policy Studies

2020-21

Key responsibilities:

- Designed and Developed interventions for children with ADHD and temper Tantrums

#### Intern, Youth for Mental Health

2020-21

Key responsibilities:

- Designed and Developed project work on Women and Mental Health

#### Intern, Fortis Mental Health Program

2020-21

Key responsibilities:

- Mental Status Examination
- Case History Taking
- CBT Techniques and DBT Techniques
- Project work on COVID-19 and my experiences

#### University of Delhi, South Campus

2021-23

Key responsibilities:

- Designed intervention programme for intellectual disabled and dyslexic children
- Developed Psychometric scale on Fear of Missing Out
- Project work on Fertility and Quality of Life
- Conducted Research on:
  - (a) Role of spiritual intelligence and academic procrastination on psychological well-being among college students
  - (b) Mothers of Children with Intellectual Disabilities : Gender, Quality of life and Family Environment (Comparative Study)
  - (c) Effect of Affective and Cognitive Engagement in school students

## Achievements

2018-2021

Awarded with Mrs. Harbans Kaur Memorial Award for highest marks in Psychology  
Achieved 2nd rank in 1st year and 1st rank in both 2nd and 3rd year with gold medal from principal